

BrightCourseLessons

PREGNANCY ESSENTIALS:

| | | |
|---------|-------------------------------------|---------|
| PB-0362 | Prenatal Care | 18 mins |
| PB-0370 | Eating for Two | 23 mins |
| PB-0004 | Your Ultrasound Appointment | 18 mins |
| PB-0007 | Emotions of Pregnancy | 25 mins |
| PB-0372 | What is Safe in Pregnancy | 24 mins |
| PB-0009 | Bonding with Your Unborn Baby | 19 mins |
| PB-0568 | Your Unborn Baby's Secret World | 18 mins |
| PB-0014 | Big Belly Mom Hacks | 28 mins |
| PB-0319 | At Risk Pregnancy | 24 mins |
| PB-0565 | Expecting Twins & More | 24 mins |
| PB-0697 | Smoking and Alcohol Use During Preg | 20 mins |
| PB-0703 | Drug Use During Pregnancy | 16 mins |

PREGNANCY OPTIONS:

| | | |
|---------|--------------------------------------|---------|
| PO-0141 | Basic Decision Making Part 1 | 24 mins |
| PO-0142 | Basic Decision Making Part 2 | 22 mins |
| PO-0802 | Going It Alone | 19 mins |
| PO-0660 | DYSH: I Could Never Do That | 15 mins |
| PO-0661 | DYSH: What is Open Adoption | 4 mins |
| PO-0662 | DYSH: A Birth Mother's Bill of Right | 10 mins |
| PO-0663 | DYSH: How do I Live With This Decis | 13 mins |
| PO-0664 | DYSH: Advice from Birth Moms | 10 mins |
| PO-0665 | DYSH: Courtney's Story | 15 mins |
| PO-0666 | DYSH: Hillary's Story | 16 mins |
| PO-0667 | DYSH: Morgan's Story | 12 mins |
| PO-0668 | DYSH: Leah's Story | 14 mins |

PREGNANCY MILESTONES:

| | | |
|---------|-------------------------------|---------|
| PM-0371 | Your First Trimester | 30 mins |
| PM-0499 | First Trimester Expectations | 21 mins |
| PM-0373 | Your Second Trimester | 25 mins |
| PM-0500 | Second Trimester Expectations | 22 mins |
| PM-0374 | Your Third Trimester | 26 mins |
| PM-0383 | The Final Stretch | 21 mins |
| PM-0501 | Third Trimester Expectations | 23 mins |

LABOR, DELIVERY, AND FIRST WEEKS:

| | | |
|---------|-------------------------------------|---------|
| BB-0566 | Labor Expectations | 15 mins |
| BB-0481 | Preparing for a C-Section | 25 mins |
| BB-0363 | Getting Ready: Nesting | 20 mins |
| BB-0589 | Labor and Delivery: Getting Ready | 23 mins |
| BB-0588 | Labor and Delivery: Natural Comfort | 23 mins |
| BB-0604 | Labor and Delivery: Medical Pain Re | 21 mins |
| BB-0610 | Labor and Delivery: Training Your B | 21 mins |
| BB-0630 | Eye Contact Means Love | 18 mins |
| BB-0567 | Infant Temperament | 21 mins |
| BB-0535 | The Importance of Bonding | 21 mins |
| BB-0021 | Infant Expectations | 20 mins |
| BB-0022 | Infant Hygiene | 22 mins |
| BB-0023 | Simple Infant Care | 19 mins |
| BB-0024 | Taking Care of Yourself after Child | 40 mins |
| BB-0318 | Postpartum Depression | 28 mins |
| BB-0384 | Shaken Baby Syndrome | 17 mins |
| BB-0639 | Feeding Your Baby: The Bottle | 21 mins |
| BB-0640 | Breastfeeding - Getting Started | 20 mins |
| BB-0641 | Breastfeeding - Successful Breastfe | 22 mins |
| BB-0646 | Lesson 1: You Are In Control | 24 mins |
| BB-0647 | Lesson 2: Your Body & Birth | 24 mins |
| BB-0648 | Lesson 3: Pain & Natural Birth | 33 mins |
| BB-0649 | Lesson 4: B.R.A.I.N. & Decision Mak | 16 mins |
| BB-0650 | Lesson 5: Medical Pain Relief, Inte | 20 mins |
| BB-0651 | Lesson 6: Planning for Birth | 13 mins |
| BB-0652 | Lesson 7: Postpartum | 14 mins |
| BB-0642 | Breastfeeding - Problems and Soluti | 18 mins |
| BB-0643 | Breastfeeding - Weaning | 17 mins |
| BB-0843 | Premature Birth | 19 mins |
| BB-0844 | Navigating the NICU | 21 mins |
| BB-0846 | Premature Infant Milestones | 17 mins |

FIRST YEAR:

| | | |
|---------|-------------------------------|---------|
| FY-0322 | Mommy Work | 16 mins |
| FY-0323 | Being a Super Mom | 19 mins |
| FY-0033 | Car Seat Safety | 39 mins |
| FY-0364 | Mommy Nutrition | 22 mins |
| FY-0035 | Preventing Child Sexual Abuse | 29 mins |
| FY-0105 | Childhood Immunizations | 21 mins |

FIRST YEAR: (cont.)

| | | |
|---------|----------------------------------|---------|
| FY-0037 | SIDS | 22 mins |
| FY-0326 | Newborn Sickness | 25 mins |
| FY-0626 | Infant Accidents | 17 mins |
| FY-0039 | Infant CPR | 20 mins |
| FY-0041 | Infant Nutrition | 22 mins |
| FY-0042 | Baby On the Move | 26 mins |
| FY-0375 | Getting Your Baby to Sleep | 18 mins |
| FY-0492 | Crying | 24 mins |
| FY-0448 | Quality Child Care | 21 mins |
| FY-0475 | Understanding Your Infant | 21 mins |
| FY-0477 | 0-3 Months: Infant Expectations | 24 mins |
| FY-0478 | 3-6 Months: Infant Expectations | 20 mins |
| FY-0479 | 6-9 Months: Infant Expectations | 20 mins |
| FY-0480 | 9-12 Months: Infant Expectations | 19 mins |
| FY-0584 | Dunstan Baby Language 1 | 10 mins |
| FY-0585 | Dunstan Baby Language 2 | 23 mins |
| FY-0586 | Dunstan Baby Language 3 | 10 mins |
| FY-0655 | Teething Time | 22 mins |

TODDLER:

| | | |
|---------|------------------------------|---------|
| TP-0111 | Mommy Milestones | 22 mins |
| TP-0112 | 12-15 Month Milestones | 24 mins |
| TP-0113 | 15-18 Month Milestones | 19 mins |
| TP-0114 | 18-24 Month Milestones | 22 mins |
| TP-0115 | 24-36 Month Milestones | 21 mins |
| TP-0455 | Potty Training | 25 mins |
| TP-0376 | Tantrums | 19 mins |
| TP-0365 | Whining | 18 mins |
| TP-0119 | Siblings | 25 mins |
| TP-0366 | Sleeping, Bedtimes, Mornings | 18 mins |
| TP-0377 | Bonding with your Toddler | 20 mins |
| TP-0367 | Time With Toddler | 19 mins |
| TP-0368 | The Importance of Words | 19 mins |
| TP-0369 | I Can Do It Myself | 20 mins |
| TP-0493 | Toddler Play | 22 mins |
| TP-0327 | Toddler Accidents | 24 mins |
| TP-0328 | Toddler Safety | 22 mins |
| TP-0329 | Toddler Illness | 24 mins |
| TP-0330 | Toddler Nutrition | 20 mins |
| TP-0331 | Toddler Oral Health | 22 mins |
| TP-0672 | Getting Your Child to Eat | 27 mins |

PARENTING:

| | | |
|---------|-------------------------------------|---------|
| PP-0569 | Parenting Without Shame Ch. 1 | 20 mins |
| PP-0570 | Parenting Without Shame Ch. 2 | 15 mins |
| PP-0571 | Parenting Without Shame Ch. 3 | 10 mins |
| PP-0572 | Parenting Without Shame Ch. 4 | 11 mins |
| PP-0573 | Parenting Without Shame Ch. 5 | 11 mins |
| PP-0574 | Parenting Without Shame Ch. 6 | 15 mins |
| PP-0575 | Parenting Without Shame Ch. 7 | 12 mins |
| PP-0576 | Parenting Without Shame Ch. 8 | 11 mins |
| PP-0385 | Creating Motivation | 18 mins |
| PP-0386 | Creating Honesty | 19 mins |
| PP-0387 | Creating Courage | 18 mins |
| PP-0388 | Creating Kindness | 19 mins |
| PP-0389 | Creating Confidence | 21 mins |
| PP-0390 | ADHD | 25 mins |
| PP-0391 | Autism | 22 mins |
| PP-0392 | Strong-Willed Children | 20 mins |
| PP-0393 | Child Anger | 21 mins |
| PP-0394 | Sexual Behavior and Children | 26 mins |
| PP-0136 | Monday: Wake Up to Reality | 30 mins |
| PP-0137 | Tuesday: Caution: Children Growing | 29 mins |
| PP-0138 | Wednesday: Staying Connected to Be | 29 mins |
| PP-0139 | Thursday: Check Your Attitude at th | 32 mins |
| PP-0140 | Friday: The Amazing Race for Self-E | 30 mins |
| PP-0438 | Funday: Leman Secrets for Enjoying | 35 mins |
| PP-0284 | Single Parenting During Deployment | 20 mins |
| PP-0285 | Reunited Parents: Family Unity On R | 21 mins |
| PP-0468 | VPP: The 10 Best Gifts You'll Ever | 36 mins |
| PP-0469 | VPP: How to Listen so Kids Will Tal | 36 mins |
| PP-0470 | VPP: Discipline Isn't Spelled P-U-N | 35 mins |
| PP-0471 | VPP: 10 Ways to Improve Your Child' | 34 mins |
| PP-0472 | VPP: Caution: Anger Ahead | 38 mins |
| PP-0473 | VPP: Birth Order and What You Need | 35 mins |
| PP-0474 | VPP: Standing Up to the New Goliath | 35 mins |
| PP-0505 | Co-Parenting | 27 mins |
| PP-0699 | Words Matter - Hurtful Words | 15 mins |
| PP-0701 | Words Matter - Silent Words | 15 mins |
| PP-0702 | Words Matter - No Words | 18 mins |
| PP-0700 | Words Matter - Magic Words | 24 mins |
| PP-0755 | SPW:Putting First Things First | 28 mins |
| PP-0756 | SPW:Healing the Past, Looking to th | 27 mins |
| PP-0757 | SPW:Creating Harmony with your Ex-S | 25 mins |
| PP-0758 | SPW:Helping Children Thrive in a Si | 24 mins |
| PP-0759 | SPW:Learning to Discipline with Lov | 24 mins |
| PP-0760 | SPW:Understanding Your Child's Pers | 26 mins |
| PP-0796 | RR:Guiding Teens: Know the River | 31 mins |
| PP-0797 | RR:Guiding Teens: Know the Raft | 31 mins |
| PP-0798 | RR:Guiding Teens: Know the Riders | 29 mins |
| PP-0799 | RR:Guiding Teens: Know the Risks | 31 mins |

PARENTING: (cont.)

| | | |
|---------|-------------------------------------|---------|
| PP-0800 | RR:Guiding Teens: Know the Relation | 31 mins |
| PP-0801 | RR:Guiding Teens: Know the Reality | 32 mins |
| PP-0150 | MCM: Dare to be Courageous | 25 mins |
| PP-0151 | MCM: Why Kids Misbehave | 27 mins |
| PP-0152 | MCM: Becoming the Parent that God W | 25 mins |
| PP-0153 | MCM: Be Your Teenager's Best Friend | 25 mins |
| PP-0154 | MCM: The ABC'S of Self-Esteem | 25 mins |
| PP-0155 | MCM: Turning Everyday Hassles Into | 25 mins |

ONE HEART, TWO HOMES:

| | | |
|---------|--------------------------------------|---------|
| OH-0504 | There is Hope! (SFather) | 29 mins |
| OH-0506 | There is Hope! (SMother) | 21 mins |
| OH-0507 | There is Hope! (StF) | 33 mins |
| OH-0508 | There is Hope! (StM) | 33 mins |
| OH-0509 | Stable Parent, Stable Home (SFather) | 35 mins |
| OH-0510 | Stable Parent, Stable Home (SMother) | 30 mins |
| OH-0511 | Stable Parent, Stable Home (StF) | 24 mins |
| OH-0512 | Stable Parent, Stable Home (StM) | 24 mins |
| OH-0513 | Co-parent Communication (SFather) | 28 mins |
| OH-0514 | Co-parent Communication (SMother) | 28 mins |
| OH-0515 | Co-parent Communication (StF) | 28 mins |
| OH-0516 | Co-parent Communication (StM) | 28 mins |
| OH-0517 | Meetings & Handoffs (SFather) | 29 mins |
| OH-0518 | Meetings & Handoffs (SMother) | 29 mins |
| OH-0519 | Meetings & Handoffs (StF) | 29 mins |
| OH-0520 | Meetings & Handoffs (StM) | 29 mins |
| OH-0521 | Risks Children after Div (SFather) | 39 mins |
| OH-0522 | Risks Children after Div (SMother) | 39 mins |
| OH-0523 | Risks Children after Div (StF) | 39 mins |
| OH-0524 | Risks Children after Div (StM) | 39 mins |
| OH-0525 | Holidays, Sp Occ & School (SFather) | 33 mins |
| OH-0526 | Holidays, Sp Occ & School (SMother) | 33 mins |
| OH-0527 | Holidays, Sp Occ & School (StF) | 33 mins |
| OH-0528 | Holidays, Sp Occ & School (StM) | 33 mins |
| OH-0529 | Critical Issues (SFather) | 36 mins |
| OH-0530 | Critical Issues (SMother) | 36 mins |
| OH-0531 | Critical Issues (StF) | 36 mins |
| OH-0532 | Critical Issues (StM) | 36 mins |
| OH-0533 | Abuse, Addict & Aban (SFather) | 44 mins |
| OH-0534 | Abuse, Addict & Aban (SMother) | 44 mins |
| OH-0536 | Abuse, Addict & Aban (StF) | 32 mins |
| OH-0537 | Abuse, Addict & Aban (StM) | 32 mins |
| OH-0538 | Dating & Remarriage (SFather) | 13 mins |
| OH-0539 | Dating & Remarriage (SMother) | 13 mins |
| OH-0540 | Dating & Remarriage (StF) | 30 mins |

ONE HEART, TWO HOMES: (cont.)

| | | |
|---------|--------------------------------|---------|
| OH-0541 | Dating & Remarriage (StM) | 27 mins |
| OH-0542 | Beyond Child Support (SFather) | 39 mins |
| OH-0543 | Beyond Child Support (SMother) | 39 mins |
| OH-0544 | Beyond Child Support (StF) | 39 mins |
| OH-0545 | Beyond Child Support (StM) | 39 mins |

LIFE SKILLS:

| | | |
|---------|-------------------------------------|---------|
| LS-0447 | Taking Care of Your Hygiene | 22 mins |
| LS-0450 | Screen Time and You | 21 mins |
| LS-0451 | Depression and Suicide | 25 mins |
| LS-0452 | Home Health | 18 mins |
| LS-0453 | Anger Management | 24 mins |
| LS-0186 | Fighting The Impulse to Spend | 18 mins |
| LS-0187 | The Monster of Debt | 18 mins |
| LS-0188 | Credit Cards, Friend or Foe? | 18 mins |
| LS-0189 | Financial Emergencies | 16 mins |
| LS-0190 | Budgeting 101 | 14 mins |
| LS-0191 | Credit Scores, the Good, the Bad, t | 14 mins |
| LS-0192 | Buying a Car | 19 mins |
| LS-0193 | Career or Job? Planning for More | 16 mins |
| LS-0194 | Staying out of Debt | 15 mins |
| LS-0195 | Your Financial Future | 14 mins |
| LS-0312 | Helping Children Process Change | 18 mins |
| LS-0313 | Family Stability Inside Change | 21 mins |
| LS-0314 | Getting Established In a New Area | 21 mins |
| LS-0315 | What Is a Family | 18 mins |
| LS-0317 | Successful Family Living | 22 mins |
| LS-0494 | Preparing for a Job - The Hard Trut | 19 mins |
| LS-0495 | Finding a Job | 18 mins |
| LS-0496 | Preparing for the Interview | 16 mins |
| LS-0497 | At the Interview | 17 mins |
| LS-0498 | Success at Work | 16 mins |
| LS-0103 | Conflict: The Art of Understanding | 24 mins |
| LS-0104 | Conflict: Mastering Communication | 20 mins |
| LS-0811 | Understanding Compassion Fatigue an | 15 mins |
| LS-0812 | Caring for Self While You Care for | 15 mins |

SPECIAL CIRCUMSTANCES:

| | | |
|---------|-----------------------|---------|
| SC-0251 | Healing from Abuse | 19 mins |
| SC-0252 | Post Abortion Healing | 22 mins |
| SC-0253 | Relationship Loss | 21 mins |

SPECIAL CIRCUMSTANCES: (cont.)

| | | |
|---------|--|---------|
| SC-0255 | Pregnancy & Infant Loss | 21 mins |
| SC-0382 | Making the Commitment | 18 mins |
| SC-0590 | TR UR: Why am I here? | 7 mins |
| SC-0591 | TR UR: The Root of Abandonment | 13 mins |
| SC-0592 | TR UR: The Root of Addiction | 14 mins |
| SC-0593 | TR UR: The Root of Abuse | 13 mins |
| SC-0594 | TR UR: The Root of Codependency | 13 mins |
| SC-0595 | TR UR: Where Do I Grow Now? | 5 mins |
| SC-0598 | TR Your Relationship: Healthy, Unhealt | 19 mins |
| SC-0599 | TR Understanding Power and Control in | 18 mins |
| SC-0600 | TR Recognizing the Cycle of Abuse | 16 mins |
| SC-0601 | TR Warning Signs of Unhealthy People | 18 mins |
| SC-0602 | TR Can an Abuser Change? | 18 mins |
| SC-0603 | TR Reclaiming Your Value & Experiencin | 18 mins |
| SC-0721 | KHH1: Acknowledge where you are now | 10 mins |
| SC-0722 | KHH2: You are not alone | 9 mins |
| SC-0723 | KHH3: Freedom from anger through fo | 8 mins |
| SC-0724 | KHH4: Moving through grief | 11 mins |
| SC-0725 | KHH5: Walking in confidence and hop | 9 mins |
| SC-0726 | KHH6: Giving hope to others | 8 mins |
| SC-0769 | MKHH1: Acknowledge Where You Are No | 13 mins |
| SC-0770 | MKHH2: You are not alone | 10 mins |
| SC-0771 | MKHH3: Freedom from anger through f | 12 mins |
| SC-0772 | MKHH4: Moving through grief | 9 mins |
| SC-0773 | MKHH5: Walking in confidence and ho | 13 mins |
| SC-0795 | MKHH6: Giving hope to others | 10 mins |
| SC-0776 | TR Naming Trauma | 11 mins |
| SC-0777 | TR Our Trauma is Not our Identity | 9 mins |
| SC-0778 | TR Shame and Other Useless Things | 10 mins |
| SC-0779 | TR Hard Days: Self-Help is Not Self-Ca | 10 mins |
| SC-0780 | TR Boundaries and Seeking Help | 14 mins |
| SC-0781 | TR Understanding Trauma - What Does He | 9 mins |
| SC-0815 | Child Abuse: Navigating Discipline | 17 mins |
| SC-0816 | Child Abuse: Breaking the Silence: | 16 mins |
| SC-0817 | IPV- Recognizing and Responding to | 24 mins |
| SC-0818 | IPV- Reclaiming Your Identity and | 16 mins |
| SC-0160 | TR URRM - Why Am I Here? | 8 mins |
| SC-0161 | TR URRM - The Root of Abandonment | 16 mins |
| SC-0162 | TR URRM - The Root of Addiction | 20 mins |
| SC-0163 | TR URRM - The Root of Abuse | 20 mins |
| SC-0164 | TR URRM - The Root of Codependency | 15 mins |
| SC-0165 | TR URRM - Where Do We Grow From Here | 6 mins |

LOVE, RELATIONSHIPS, & SEXUAL WHOLENESS

| | | |
|---------|-------------------------------------|---------|
| LL-0558 | Sex is Awesome! | 8 mins |
| LL-0559 | Pregnancy is Not a Disease | 14 mins |
| LL-0560 | STIs | 19 mins |
| LL-0561 | Character | 18 mins |
| LL-0562 | Dangers of Porn | 17 mins |
| LL-0563 | Your Heart | 17 mins |
| LL-0564 | Protect Yourself | 15 mins |
| LL-0378 | Sex and You | 26 mins |
| LL-0379 | The Heart of the Matter | 22 mins |
| LL-0380 | STD/STI Avoidance | 19 mins |
| LL-0381 | Choosing Marriage | 20 mins |
| LL-0120 | TWST: Talking With Kids About Sex | 23 mins |
| LL-0121 | TWST: Confronting the Past | 29 mins |
| LL-0122 | TWST: Pregnancy and Abortion | 29 mins |
| LL-0123 | TWST: Spiritual & Emotional Consequ | 33 mins |
| LL-0124 | TWST: Dating and Relationships | 34 mins |
| LL-0125 | TWST: Image Bearers At Heart | 40 mins |
| LL-0857 | RSIQ: Introduction | 11 mins |
| LL-0848 | RSIQ: Sex is a Binary - Male and Fe | 13 mins |
| LL-0849 | RSIQ: What Women Need to Know About | 22 mins |
| LL-0850 | RSIQ: What Men Need to Know About W | 15 mins |
| LL-0851 | RSIQ: What We Need to Know About Ou | 21 mins |
| LL-0852 | RSIQ: Battle FOR the Sexes, Not Aga | 20 mins |
| LL-0853 | RSIQ: Marriage Matters | 14 mins |
| LL-0854 | RSIQ: The Blessing of Children | 12 mins |
| LL-0855 | RSIQ: The Joy of Embracing God's De | 13 mins |

WHOLE-PERSON DESIGN: BIOLOGY WITH PURPOSE:

| | | |
|---------|--|---------|
| SW-0143 | TR Cycle Wise: Your Body is Telling St | 23 mins |
| SW-0144 | TR Cycle Wise: Hormone Genius | 21 mins |
| SW-0145 | TR Cycle Wise: Hack Your Cycle | 21 mins |
| SW-0146 | TR Cycle Wise: Cycle Tracking | 21 mins |
| SW-0147 | TR Cycle Wise: Period Problems | 22 mins |
| SW-0149 | TR Cycle Wise: What Every Guy Needs to | 15 mins |
| SW-0832 | PTGC: Gender Dysphoria & Biological | 15 mins |
| SW-0833 | PTGC: Gender-Affirming Care Isn't W | 16 mins |
| SW-0835 | PTGC: Gender Affirming Care: Not Wo | 22 mins |
| SW-0836 | PTGC: Growing Your Relationship wit | 12 mins |
| SW-0837 | PTGC: Influences on Your Child | 16 mins |
| SW-0838 | PTGC: Helping child have positive v | 19 mins |
| SW-0839 | PTGC: Identity in Christ Foundation | 19 mins |
| SW-0840 | Positive View Body, Gender, and Sex | 13 mins |

WHOLE-PERSON DESIGN: BIOLOGY WITH PURPOSE: (cont.)

| | | |
|---------|-------------------------------------|---------|
| SW-0841 | Positive View Body, Gender, and Sex | 12 mins |
|---------|-------------------------------------|---------|

POSITIVE PARTNERSHIPS:

| | | |
|---------|-------------------------------------|---------|
| RS-0692 | PP- Boundaries | 28 mins |
| RS-0775 | PP- Unhealthy Boundaries | 21 mins |
| RS-0693 | PP- Cohabitation | 17 mins |
| RS-0694 | PP- Making Marriage Choice | 24 mins |
| RS-0695 | PP - Staying Married | 20 mins |
| RS-0696 | PP- Single Parenting | 17 mins |
| RS-0762 | MMM: Designed to be Different | 26 mins |
| RS-0763 | MMM: Where Have all the Flowers Gon | 25 mins |
| RS-0764 | MMM: Striking the Perfect Match | 25 mins |
| RS-0765 | MMM: Looking for Love in Two Specia | 24 mins |
| RS-0766 | MMM: Don't Rock the Jukebox | 31 mins |
| RS-0767 | MMM: Sex Begins in the Kitchen | 26 mins |
| RS-0768 | MMM: Enjoying the Journey | 29 mins |
| RS-0126 | BPHB: Before All of Us Say I Do | 25 mins |
| RS-0127 | BPHB: With These Kids I Thee Wed | 25 mins |
| RS-0128 | BPHB: Blending Without Colliding | 26 mins |
| RS-0129 | BPHB: Surviving Birth Order Blender | 26 mins |
| RS-0130 | BPHB: Same Language-Different Diale | 25 mins |
| RS-0131 | BPHB: Look at Life Through Mate's E | 26 mins |

BEING A FATHER:

| | | |
|---------|-----------------------------------|---------|
| PF-0489 | TFA: Taking Care During Pregnancy | 27 mins |
| PF-0490 | TFA: Taking Care During Birth | 26 mins |
| PF-0491 | TFA: Taking Care them Postpartum | 26 mins |
| PF-0698 | TFA: Baby Care Basics for Dads | 19 mins |
| PF-0482 | BAF: The Two Questions | 24 mins |
| PF-0483 | BAF: Real Time | 25 mins |
| PF-0484 | BAF: Being a Role Model | 22 mins |
| PF-0485 | BAF: Being a Leader | 23 mins |
| PF-0486 | BAF: Being Consistent | 18 mins |
| PF-0487 | BAF: Loving Discipline | 22 mins |
| PF-0488 | BAF: Practical Discipline | 23 mins |
| PF-0794 | BAF: Respect for Mothers | 24 mins |

BIBLE STUDY:

| | | |
|---------|--|---------|
| BS-0577 | TR GGYW: Offering Our Worst to God | 18 mins |
| BS-0578 | TR GGYW: The Painful Truth and Forgive | 19 mins |
| BS-0579 | TR GGYW: From Sinner to Saint | 15 mins |
| BS-0580 | TR GGYW: The Truth Shall Set You Free | 23 mins |
| BS-0581 | TR GGYW: Surrendering Our Weakness | 18 mins |
| BS-0582 | TR GGYW: Gaining Victory | 20 mins |
| BS-0607 | UDL1: The Bible | 14 mins |
| BS-0606 | UDL2: Grace & Commands | 13 mins |
| BS-0628 | UDL3: The King Among the Cows | 13 mins |
| BS-0631 | UDL4: The Faithful Fishermen | 13 mins |
| BS-0633 | UDL5: The Servant Above the Served | 14 mins |
| BS-0634 | UDL6: The Greatest Dying for the Le | 11 mins |
| BS-0637 | UDL7: The Guilty in Heaven | 12 mins |
| BS-0623 | TR UTG1: Identity Matters - The Key Ex | 18 mins |
| BS-0624 | TR UTG2: Receiving Jesus as My Savior | 14 mins |
| BS-0625 | TR UTG3: Recognizing Satan | 20 mins |
| BS-0613 | TR DS: Your Unwritten Autobiography | 31 mins |
| BS-0614 | TR DS: How the Story Starts | 32 mins |
| BS-0615 | TR DS: A True Story | 30 mins |
| BS-0616 | TR DS: The Story of the World | 31 mins |
| BS-0617 | TR DS: The Story of the Flesh | 26 mins |
| BS-0618 | TR DS: The Story of the Devil | 28 mins |
| BS-0619 | TR DS: Truth and Emotions | 29 mins |
| BS-0620 | TR DS: Forgiving From the Heart | 33 mins |
| BS-0621 | TR DS: Walking Into the Next Chapter | 33 mins |
| BS-0622 | TR DS: Action Story | 32 mins |
| BS-0820 | NM - Introduction | 7 mins |
| BS-0821 | NM - Pregnancy | 12 mins |
| BS-0822 | NM-Growing in Confidence | 18 mins |
| BS-0823 | NM-Embracing Change | 20 mins |
| BS-0824 | NM-Comparison | 11 mins |
| BS-0825 | NM-Surrender Unpredictability | 14 mins |
| BS-0826 | NM-Postpartum Body Image | 10 mins |
| BS-0827 | NM-Who to Listen To | 23 mins |
| BS-0828 | NM-What I Wish | 20 mins |
| BS-0829 | NM - Unseen Holiness of Motherhood | 20 mins |

CLIENT PROMOTIONAL ITEMS:

| | | |
|---------|-------------------------------------|--------|
| CP-0503 | Promo & Lesson List (All Lessons, E | 1 mins |
| CP-0596 | Promo & Lesson List - Public | 1 mins |

List updated 8/21/2025

TR=Training Required